



Benefit Information
(this is required to bill your insurance)

Primary Insurance Information

Insurance Policy Holder Name: _____ DOB: _____ SS#: _____

Policy Holder Place of Employment: _____

Insurance Type: _____

ID #: _____

Group #: _____

If insurance policy holder address is different than client's address please list it below:

Street	City	State	Zip
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Policy Holder Signature: _____ Date _____

Secondary Insurance Information

Insurance Policy Holder Name: _____ DOB: _____ SS#: _____

Policy Holder Place of Employment: _____

Insurance Type: _____

ID #: _____

Group #: _____

If insurance policy holder address is different than client's address please list it below:

Street	City	State	Zip
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Policy Holder Signature: _____ Date _____



Initial Intake Assessment Form

Date: _____

Client Name: _____
(First) (Last)

Client DOB: _____ Age: _____ SSN _____

Gender Identity: _____ Gender Expression: _____

Race/Ethnicity: _____

Religion/Spirituality: _____

Parent/Guardian(s) (if under age 18): _____

Client Address 1: _____
Street City State Zip

Client Address 2: _____
Street City State Zip

Primary Phone #: _____ Ok to leave voicemails? Yes ___ No ___

Secondary Phone #: _____ Ok to leave voicemails? Yes ___ No ___

Emergency Contact: _____
(Name) (Phone)



Presenting concerns

Reason for treatment. Tell me what brings you to therapy:

How long has this been an issue or concern? _____

Strengths

Strengths of the client and/or family:

Past Mental Health Treatment/History

(leave blank if none)

Place/Facility	Dates/How old were you	Reason

Additional:



Family Mental Health Treatment/History (immediate and extended family members):

Person	Mental Health Concern(s)

Additional:

How has mental health in the family affected you?:

Medical History

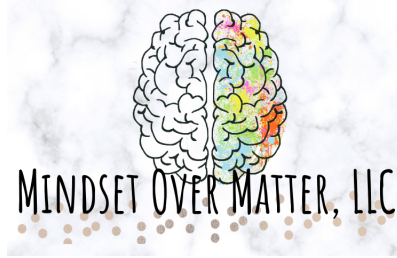
Current Medications (leave blank if none)

Medicine Name	Dosage/Frequency	How long have you been taking this?

Additional medications: _____

Have you taken past medications? Were they effective? (leave blank if not applicable)

Medication Allergies? No _____ Yes (explain) _____



Primary Care Physician Information:

Name: _____

Address/Phone _____

Current Medical Conditions? No _____ Yes _____ If yes, please explain below.

Substance Use/Treatment History

Do you currently :

-Smoke? No ___ Yes ___ If yes how much/often _____

-Drink alcohol? No ___ Yes ___ If yes how much/often _____

-Use illicit substances? No ___ Yes ___ If yes, what/how often _____

Have you ever been to a rehabilitation facility for drugs/alcohol? No ___ Yes ___ If yes please explain where, when, for what, length of stay: _____

Trauma/Abuse History

Have you been the victim to any type of abuse (physical, sexual, mental/emotional) or neglect?

No ___ Yes ___ (explain)

Was legal action taken? _____

Have you been the perpetrator of any type of abuse (physical, sexual, mental/emotional) or neglect?

No ___ Yes ___ (explain)

Was legal action taken? _____



Have you experienced any of the following (check all that apply):

- Frequent moves or house/school changes
- Witness to violence
- Witness to a death
- Household member substance abuse. Who _____
- Placement (residential treatment facility, partial placement)
- Death of family member or friend whom you considered close
- Household fire
- Significant parent illness
- Domestic violence (witness or victim to)
- Significant injury or illness (medical, serious accident)
- Any other life event you would consider traumatic? Please explain:

Please complete the ACES assessment following this page



Adverse Childhood Experience (ACE) Questionnaire
Finding your ACE Score ra hbr 10 24 06

While you were growing up, during your first 18 years of life:

1. Did a parent or other adult in the household **often** ...
 Swear at you, insult you, put you down, or humiliate you?
or
 Act in a way that made you afraid that you might be physically hurt?
 Yes No If yes enter 1 _____

2. Did a parent or other adult in the household **often** ...
 Push, grab, slap, or throw something at you?
or
Ever hit you so hard that you had marks or were injured?
 Yes No If yes enter 1 _____

3. Did an adult or person at least 5 years older than you **ever**...
 Touch or fondle you or have you touch their body in a sexual way?
or
 Try to or actually have oral, anal, or vaginal sex with you?
 Yes No If yes enter 1 _____

4. Did you **often** feel that ...
 No one in your family loved you or thought you were important or special?
or
 Your family didn't look out for each other, feel close to each other, or support each other?
 Yes No If yes enter 1 _____

5. Did you **often** feel that ...
 You didn't have enough to eat, had to wear dirty clothes, and had no one to protect you?
or
 Your parents were too drunk or high to take care of you or take you to the doctor if you needed it?
 Yes No If yes enter 1 _____

6. Were your parents **ever** separated or divorced?
 Yes No If yes enter 1 _____

7. Was your mother or stepmother:
Often pushed, grabbed, slapped, or had something thrown at her?
or
Sometimes or often kicked, bitten, hit with a fist, or hit with something hard?
or
Ever repeatedly hit over at least a few minutes or threatened with a gun or knife?
 Yes No If yes enter 1 _____

8. Did you live with anyone who was a problem drinker or alcoholic or who used street drugs?
 Yes No If yes enter 1 _____

9. Was a household member depressed or mentally ill or did a household member attempt suicide?
 Yes No If yes enter 1 _____

10. Did a household member go to prison?
 Yes No If yes enter 1 _____

Now add up your "Yes" answers: _____ This is your ACE Score



Family Dynamics

Domestic Relationships Status: ____ Single ____ Separated ____ Divorced/Divorcing
____ Widowed ____ In a committed relationship. For how long? ____

-How would you describe this relationship? Circle all that apply

Loving/Supportive *Stressful/Chaotic* *Unhealthy* *Violent*
Co-dependent *Controlling* *Healthy* *Other:*

Do you have children? ____ No ____ Yes. How many _____

Childhood Information:

How would you describe your childhood upbringing/living environment?

Do you have siblings? ____ No ____ Yes. How many/what order are you? _____

Growing up, what was the status of your parents/guardians? (circle) *Together* *Separated*
Divorced *Never together*
Other

Legal Information

Legal Charges

Have you ever been charged with committing any crime or offense ____ No ____ Yes. Explain:

Are you currently on probation/house arrest? ____ No ____ Yes. Explain: _____



Education/Employment

What is your highest level of education completed? _____

If attending: What school/grade? _____

Are you employed? No

Yes Part-time Full-time

Where/occupation? _____

Miscellaneous

(If you are filling this out for your child, make answers applicable to your child)

Do you participate in extracurricular sports, groups, activities, etc? No Yes. Explain:

Support People- please list support systems you have: _____

Sleep Pattern- Circle all that apply:

trouble falling asleep trouble staying asleep sleeping too much

sleeping too little frequent nightmares bed-wetting

Eating Habits- Circle all that apply:

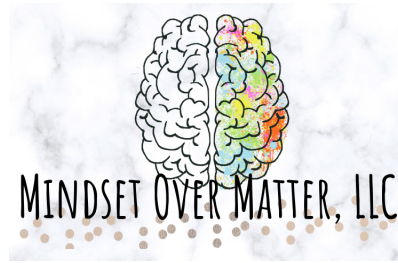
I often over eat I often under eat binge eating purging

I eat relatively healthy I eat unhealthy most times

Energy Level- Circle all that apply:

I feel like I have none I have way too much energy most of the time

I lost energy I once had I have a healthy amount of energy



Behavior Checklist

Please circle all that you identify yourself with. If you are filling this out for your child, please circle all that apply for your child.

- | | |
|-------------------------|--|
| Short temper | Low frustration tolerance |
| Anger outbursts | Impulsive |
| Lying/sneakiness | Frequent mood swings |
| Crying spells | Feeling like people are always out to get me |
| Hyperactive | Hard to take responsibility for my actions |
| Thoughts of self-harm | Missing a lot of work/Truancy issues |
| Acts of self-harm | No/little support system |
| Authority conflicts | Hopelessness |
| Helplessness | Isolating behaviors |
| Lack of motivation | Frequent job changes |
| Disassociation | Low self-esteem |
| Poor peer relationships | Bullying: ____ victim of ____ bullier |
| Property destruction | Frequent domestic relationship changes |
| Inattentive | Frequent body pains (headache, stomachache, etc) |
| Other: please list | |